THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

EVERYONE DESERVES A SALA MANAGER

THE OCRITICAL PRACTICES
FOR LEADING A TEAM

SCOTT MILLER WITH
TODD DAVIS AND VICTORIA ROOS OLSSON



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PRACTICE 1

DEVELOP A LEADER'S MINDSET

I was raised in a stable middle-class family in central Florida. My brother and I rode our bikes to school, went to church on Sundays, and were tucked in bed by 7:30 p.m. sharp. We led a routine, predictable life, and I grew up thinking everyone lived this way. I was also taught to believe some specific things about life, most memorably that certain people always tell the truth and are always right: parents, police, and priests.

Uh-oh.

Do parents always tell the truth? Nope. Do police officers? Unfortunately, that isn't the case. Are all priests trustworthy? Horrifyingly not.

This was a limited *paradigm*, or mindset. Paradigms are the lenses through which we view the world, based on how we were raised, indoctrinated, and trained to see everything in front of us. We all wear these metaphorical pairs of glasses, and they vary in accuracy. They might be the right prescription or slightly off. In some cases, you might have a metaphorical cataract.

Mostly our mindsets are unconscious or subconscious. None of us (hopefully) set out in the morning to have biases or prejudices, but every one of us has them deeply ingrained in us from our experiences while we were raised. We often aren't even aware of them or their ongoing impact—negative and positive.

With the "parents, police, and priests" paradigm, I fortunately didn't have to put it to the test. I was generally surrounded by good examples of all three, but if I hadn't been so lucky, this paradigm could have

caused serious damage. As it was, I didn't realize that parents were actually real people with flaws and weaknesses until my mid-twenties.

And it wasn't until I was in my thirties that I understood that *leaders* are people too—that they don't make all the right decisions or have all the right answers.

Your job as a leader is to continually assess your paradigms for accuracy and ensure they reflect reality. So ask yourself what you believe about leadership, your team, and yourself. Maybe you believe that the colleagues who think like you are "high potentials" and those who challenge you aren't. Perhaps you believe you're not *really* leadership material and someday everyone will find out.

TRY	ΙT	OUT	0

Assess Your Paradigms

List the members of your team. Write down your beliefs about each of them. Step back and ask, "What has happened that's made me think she's always late, he's sloppy, he's a know-it-all, or she's a genius?"

Are you giving them a fair shake? How much of your own fear, insecurity, jealousies, last interaction, or series of very valid encounters makes your assessment of them true or incomplete?

Now do the same for your paradigms about yourself. Do you have any strongly held beliefs that, if challenged or corrected, could increase your potential? Ask yourself, "Is this belief true? If not, how can I change it?"

Name:	
Name:	Beliefs:
Name:	Beliefs:
TODD	

THE SEE-DO-GET CYCLE

I once went skiing with a good friend at Snowbird, a popular resort in Utah. Although she'd never skied down anything steeper than a bunny slope, I somehow convinced her that she could handle the Black Diamond run. "Come on, come on, come on!" I urged her. "No problem. Black Diamond! Woo-hoo!" And after luring her to the top, I gave her an encouraging shove.

She was taken down on a stretcher.

Horrified, I recently realized that I do this in my leadership role too. (And don't worry, my friend wasn't seriously injured and bounced back, no worse for the wear, although she's never skied again, at least with me.) While many leaders lack confidence in their people and tamp them down, I'm the opposite: I believe anyone can do anything if I just provide enough encouragement. I paint the vision and create excitement—whatever it takes to inspire them to my degree of confidence in them. My intention is to help people achieve their full potential . . . and who cares if they agree?

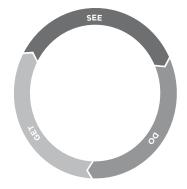
This paradigm sometimes works. But sometimes I accidentally lure people into terrible Black Diamond experiences instead. "No, you actually *can* do this. It's easy. It's only a speech to two thousand people. You'll do just fine."

When I'm putting people into jobs, assigning them to new territories or countries, putting them on stages in front of two thousand

people, and contracting high-paying consulting gigs for them, the stakes are high. At worst, this paradigm can destroy people's confidences, reputations, and even careers, if we're not aligned.

I often need to rethink my approach and remember something we teach at FranklinCovey: the See-Do-Get Cycle. It's the root of real behavior change. When you challenge your mindset (tough work, by the way) you can make lasting changes to your actions and your results.

The See-Do-Get Cycle



To best understand this cycle, let's start with our desired result, the "Get" part of the cycle. We all have different outcomes we're trying to achieve: improved health, meaningful relationships, financial stability, influence in our communities and careers—as well as short-term results we want from our day, meeting, or project.

What drives those results (Get) are our *behaviors*, the "Do" in this cycle. It's how we act. If we want to complete a report by the deadline, then we have to behave in a certain way throughout the day: check with the finance department about last quarter's profit and loss statement, resist distractions, etc. If we want to build rapport with our co-workers, we can invite them out to lunch. If we want to nail our presentation, we practice it over and over. You get the point.

Most people see that behavior and results are interconnected: what we *do* drives what we *get*. That is not an epiphany.

Here's what I think most people don't appreciate: the first crucial step, "See." This means that beyond our behavior, our results are affected by our mindset.

How we see things affects our behavior, which in turn affects our results.

Paradigm. Behavior. Result.

See. Do. Get.

If you want to get short-term results, change your behavior. You'll stop smoking—until a tense day at work. You'll wake up at 5 a.m. through sheer willpower—once, then hit snooze the rest of the week. You'll stop swearing—until you get cut off in traffic. Behavior changes will only net you a temporary fix.

As Dr. Stephen R. Covey taught, if you want to fundamentally change your results, if you want long-term sustainable impact, you have to challenge your mindset.

Having identified my "Black Diamond" paradigm, I wasn't happy with it. Sometimes it works, but not often enough—and my friend hanging up her skis made me rethink it. I reevaluated my paradigm about setting people up for success (See). Instead of relying on woo-hoos and enthusiasm, I help my team members develop their skills . . . after giving them a chance to opt out of my grand plans (Do). As a result, I've learned to grow people who are actually willing and ready (Get), and fortunately decreased the number of people I push down ski slopes.

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Imagine a leader who has been assigned an important project to manage. If she closes this project successfully, it will be a great milestone in her career and might even lead to a coveted promotion.

But when she gets the list of people assigned to work on the project, the first thing that goes through her mind is, "Oh no, not those ten . . . they never put in any work and don't get anything right."

With this paradigm, will this leader sit down and listen to her team? Will she consider their input and viewpoints? Will she delegate important tasks? Doubtful. And when she does delegate simple, fail-proof things, she will probably double-check their work many times, also known as micromanaging.

Now imagine you are one of the people assigned to this team. The leader isn't listening to you or considering your ideas. She corrects everything you do. How would it make you feel? Would you prioritize this unpleasant project over your many other responsibilities? Would you bring your best talents, energy, and efforts to this project? Probably not.

Eventually, this leader will prove herself right. The way she saw the team members (paradigm) affected their behavior, which generated the result that nobody put in extra effort. Her initial impression was confirmed. She was right. Or was she?

-VICTORIA

FROM INDIVIDUAL CONTRIBUTOR TO LEADER

In tennis, what wins on grass and clay doesn't always translate to asphalt. When you win Wimbledon, you don't expect your coach's first conversation to be, "Congratulations, you won on grass! But now it's going to take a whole different approach to win on asphalt." You expect to be showered with accolades; instead you get an ego enema. The world of professional tennis is fraught with experts who were unable to transfer their superior play from one surface to another.

Likewise, I don't imagine that most high-performing, driven people promoted into leadership realize that they must now fundamentally change their approach. But many of the paradigms that got you promoted won't make you successful as a leader. You may be aware of Gallup's bestselling book *Now, Discover Your Strengths*. A subsequent book, *Dis-*

cover Your Sales Strengths, highlighted the conundrum high-producing salespeople face when they are "rewarded" with a promotion to become a sales leader. The strengths they perfected as an individual salesperson often included a strong sense of competition, a need for individual recognition and fame, and sometimes a zero-sum-game mentality—I win; they lose. Great for winning on the sales scoreboard, not so great for nurturing, coaching, and leading your team (as in, those people who might have been your peers yesterday).

TRY IT OUT 🗘

Assess Your Leadership Paradigms

Identify the paradigms that made you successful as an individual contributor. For example:

- My own work is my number-one priority.
- I should always be prepared with the right answer.
- My validation comes from recognition of my performance.

Determine which of them will and won't work in your leadership role.

Talk to other successful leaders about the mindsets they had to leave behind when they transitioned from individual contributor to leader. What new beliefs did they adopt that have helped them?

-TODD

Across most professions, this perilous chasm exists: teacher to principal, server to restaurant manager, physician to chief of medicine. Or as the bestselling book by Marshall Goldsmith states, *What Got You Here Won't Get You There*. Fundamentally, becoming a leader will require you to let go of some of the skills and mindsets that made you successful as an individual contributor.

In the best of worlds, your manager would sit you down, talk about your strengths and why you were promoted, then explain what you're going to need to do differently going forward. If you don't receive that feedback, you have this book. We'll introduce each of the practices with a key mindset shift leaders *must* make to accomplish results. Circle which one tends to describe you at this point in time. (Don't know? Ask your team—they'll definitely have an opinion.)

PRACTICE	COMMON MINDSET	EFFECTIVE MINDSET
1. Develop a Leader's Mindset	l achieve results on my own.	I achieve results with and through others.
2. Hold Regular 1-on-1s	I hold 1-on-1s to monitor people's progress.	I hold regular 1-on-1s to help people get— and stay—engaged.
3. Set Up Your Team to Get Results	I tell team members what to do and how to do it.	I help team members get clear about the "why" behind the "what" and support them in the "how."
4. Create a Culture of Feedback	I give feedback so I can fix people's problems.	I give <i>and</i> seek feedback to elevate the entire team.
5. Lead Your Team Through Change	I control and contain change for my team.	I champion change with my team.
6. Manage Your Time and Energy	I am too busy to take time for myself.	I must manage my time and energy to be an effective leader.

PRACTICE 1 MINDSET SHIFT

I once worked with a record-setting salesperson, Carolyn. When a sales-manager position opened up, it was a no-brainer to promote her. Everybody assumed she would seamlessly transition from hitting—and often exceeding—her number quarter after quarter to helping her new team do the same.

That didn't happen. Instead, if her salespeople faltered during a client meeting, Carolyn would swoop in and use her extraordinary

sales skills to close the deal. She thought she was saving the day. She was, but *only* that day. Her team didn't develop their own selling skills because Carolyn wouldn't let them make mistakes and recover from them. This is a common new-manager mistake: relying on your individual contributor skills—and doing everything yourself as soon as there is a problem—rather than helping your team solve the problem and learn. In the process, you lose your new team's trust. Carolyn was so focused on helping get the sale, what she knew she was good at and could do, that she lost sight of a critical reality: her new role was no longer about her hitting the number—it was to have *her team* hit the number.

COMMON MINDSET

EFFECTIVE MINDSET

I achieve results on my own.

I achieve results with and through others.

TRY IT OUT 🗘

Hold a Funeral for Your Old Job

If you derive a lot of satisfaction and validation from your previous accomplishments (and there's no shame in that!), you might need to say goodbye to them. Box up your trophies, awards, and certificates. If you're feeling really ambitious, take them to a safe spot and light them on fire—a sort of Burning Man(ager).

-VICTORIA

When you become a leader, your definition of results needs to change. You need to see them differently. When you were an individual contributor, your results were the work you did. But now you're a first-level leader, so you own the results of *everybody* on your team. Your first job is not to get results alone, but with and through others. You're still

responsible for your personal deliverables, but they take a back seat to ensuring that your direct reports hit theirs, while the people on your team grow, learn, and even become leaders themselves. In other words: *your people* are your results.

You might be thinking, "I didn't even hire these people!" But part of your job is to discern the talent, coachability, and potential of each member of your team, whether you hired or inherited them. You have to learn who can—or can't—rise to the new standard you're requiring. But before you consider dismissing an employee, remember that they might just need a leader who can challenge and inspire them to a new level of contribution. That leader might be you.

What if Carolyn didn't save the day during sales meetings? Yes, her team would make mistakes. Some deals might not close. But her team would learn from those errors, especially if she followed up with feedback and coaching, and they would probably get better results in the future. Just as important, she would show that she trusted her team, rather than treat them like rookies who needed hand-holding. The result would be savvier, more skilled, and confident salespeople who collectively met their numbers (and weren't reliant on one person to save the day every time).

We recognize that some industries and settings have less or no tolerance for mistakes, due to safety, quality, and accuracy. In this case, leaders should work side by side with their team members for close accountability and modeling, without doing their job for them or suffocating them.

In my book *Get Better: 15 Proven Practices to Build Effective Relationships at Work,* I share an example of a leader who modeled the effective mindset of achieving results with and through others.

A hospitality executive oversaw a sprawling property with almost four thousand employees, which he said often felt more like running a city than a hotel. We'd partnered with them on leadership development, and he invited our executive team to meet his department heads to share their results: housekeeping, food and beverage, engineering, sales, catering, and more. Before they came in, he shared his vision for each of them, saying something like:

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"I've worked here for more than twenty years and had a phenomenal run. I've been lucky to earn our President's Club Award many times. But now I have all the crystal trophies I could ever need. I want my team to earn President's Club and more, and then I want them to pass that same vision on to the people they lead. That's what I want my legacy to be."

And it wasn't just talk. When the department managers arrived, they clearly knew their leader wanted them to shine. It was one of the most productive and inspiring meetings I'd ever attended, and it changed my paradigm about how I lift my own team.

-TODD

If you have the common mindset of achieving results on your own, it's important to accept once and for all that your work isn't just about you anymore; it's about them. It's time to let go of your past successes. You earned the leader's chair because you performed at a superior level. Take a victory lap. Now, let it all go and focus on the job ahead.



FranklinCovey's *Everyone Deserves a Great Manager* is an essential guide for current managers and those about to make the leap to management. Visit **franklincovey.com**.

For additional information about how we can help first-level leaders in your organization, email us at info@franklincovey.com or visit franklincovey.com.

ABOUT THE AUTHORS

Scott Miller serves as FranklinCovey's executive vice president of thought leadership. He is the host of *On Leadership with Scott Miller*, a weekly leadership webcast, podcast, and newsletter that features interviews with renowned business titans, authors, and experts. Scott also writes a weekly leadership column for Inc.com and is a regular contributor to Arianna Huffington's Thrive Global and the *American City Business Journal*. He is the author of FranklinCovey's *Management Mess to Leadership Success: 30 Challenges to Become the Leader You Would Follow*.

In his previous roles as executive vice president of business development and chief marketing officer, Scott led the global transformation of FranklinCovey's brand. Prior to that, he served as general manager of client facilitation services and general manager of FranklinCovey's central region. Scott joined the Covey Leadership Center in 1996 as a client partner with the Education division.

Scott began his professional career in 1992 with the Disney Development Company as a founding member of the development team that designed the town of Celebration, Florida. Scott now lives in Salt Lake City, Utah, with his wife and three young sons.

Todd Davis is FranklinCovey's chief people officer and the bestselling author of *Get Better: 15 Proven Practices to Build Effective Relationships at Work*.

Todd has more than 30 years of experience in human resources, talent development, executive recruiting, sales, and marketing. He has been with FranklinCovey for more than two decades, and is currently responsible for global talent development of employees in more than 40 offices reaching 160 countries.

Todd led the development of many of FranklinCovey's core offerings and world-renowned content. He has delivered keynote addresses

at leading conferences such as the World Business Forum, the Chief Learning Officer Symposium, the Association for Talent Development, and HR.com.

As a respected global thought leader, Todd has been featured in *Inc.*, Fast Company, Harvard Business Review, and Thrive Global.

Todd has served on HR.com's Advisory Board for the Institute of Human Resources, and is a member of the Association for Talent Development and the Society for Human Resource Management. Todd and his family reside in Holladay, Utah.

Victoria Roos Olsson is a senior leadership consultant at FranklinCovey. She is an expert in leadership development and has trained, developed, and coached managers around the world for the past twenty years. She has also led learning and development divisions for large corporations in Europe and the Middle East, including Jumeirah and Hilton.

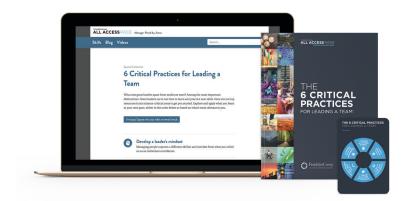
Victoria is an experienced keynote speaker who engages her audience, whether twenty or two thousand people are in the room. She is an expert facilitator of several FranklinCovey offerings, and served on the developing team for *The 7 Habits of Highly Effective People* and *The 4 Essential Roles of Leadership* programs. She effortlessly combines enthusiasm with focus and drive, helping leadership teams achieve their desired results.

Victoria is a native Swede and has a bachelor's degree in economics and hotel management from the renowned Hotelschool The Hague in the Netherlands.

Victoria is passionate about holistic leadership and draws on her expertise as a certified yoga instructor and running coach. An additional passion project is the podcast *Roos&Shine* that she hosts with her sister, with listeners in more than seventy countries. Victoria leads an international life with her husband and two daughters.

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"This book is a great combination of how to be, then how to do. There is so much tangible advice!"



